

# The burden of diabetes in New Mexico

**OVER 34  
MILLION**

American adults and children  
have diabetes

**That's 1 in 10  
Americans**

**237,000**

people in New Mexico have  
diabetes



**587,000**

adults in New Mexico have  
prediabetes



**85%**

of Americans with prediabetes  
don't know they have it



The annual health care costs for a  
person diagnosed with diabetes are

**2.3X HIGHER**

than for a person without



**\$2 BILLION**

health care dollars is spent treating  
diabetes and its complications in  
New Mexico

# The 2019 impact of the ADA in New Mexico

The American Diabetes Association unites the power of scientists, health care professionals, individuals, families, policymakers, corporations, charitable organizations, and communities to advance diabetes treatment and prevention, find cures and improve lives.



**143 New Living With Type 2 Diabetes Participants:** Our free program with information, resources and support for people recently diagnosed with type 2 diabetes.



**451 Inquiries to Our Center for Information (CFI):** Our CFI provides highly-trained, personal guides to information on prevention, diabetes and diabetes management, and American Diabetes Association programs and events. This service is available at AskADA@diabetes.org and on diabetes.org in English and Spanish.



**95 Campers:** Camp empowers children with diabetes and their caregivers with the tools and support they need to gain the confidence, knowledge, and independence to live a safe and healthy life.



**\$97,750 Invested in Research Projects:** Our research program funds a broad spectrum of high-potential projects to address all types of diabetes and related complications.



**71 Professional Members:** ADA Professional Membership provides exclusive education, career development and engagement resources that benefit health care professionals and people living with diabetes.



**10 Diabetes Education Program Sites Reaching about 2,863 Participants:** Our Education Recognition Program promotes diabetes self-management education and support (DSMES) empowering people with diabetes to navigate self-management decisions and improve their health.



**2,586 Diabetes Advocates:** Drive the development, passage and implementation of federal and state legislation and policy that ensures affordable access to health care and medications; protections from discrimination due to diabetes; and a continued public investment in diabetes research and prevention.



**9 Discrimination Cases Handled:** We help people facing discrimination at work, at school, and elsewhere in their lives.