The Burden of Diabetes in Idaho

Diabetes is an epidemic in the United States. According to the Centers for Disease Control and Prevention (CDC), over 34 million Americans have diabetes and face its devastating consequences. What’s true nationwide is also true in Idaho.

Idaho’s diabetes epidemic:

- Approximately 132,857 people in Idaho, or 9.6% of the adult population, have diagnosed diabetes.
- An additional 36,000 people in Idaho have diabetes but don’t know it, greatly increasing their health risk.
- There are 427,000 people in Idaho, 33.8% of the adult population, who have prediabetes with blood glucose levels that are higher than normal but not yet high enough to be diagnosed as diabetes.
- Every year an estimated 12,690 people in Idaho are diagnosed with diabetes.

Diabetes is expensive:

People with diabetes have medical expenses approximately 2.3 times higher than those who do not have diabetes.

- Total direct medical expenses for diagnosed diabetes in Idaho were estimated at $956 million in 2017.
- In addition, another $314 million was spent on indirect costs from lost productivity due to diabetes.

Improving lives, preventing diabetes and finding a cure:

The Division of Diabetes Translation at the CDC provided $1,004,374 in diabetes prevention and educational grants in Idaho in 2018.

Sources include:

- Diabetes Incidence: 2018 diabetes incidence rate, cdc.gov/diabetes/data
- Research expenditures: 2020 CDC diabetes funding, fundingprofiles.cdc.gov/FundingProfiles/FundingQuery