Safe at School®: How to use these training modules

The American Diabetes Association®’s (ADA) Diabetes Care Tasks at School: What Key Personnel Need to Know is a training curriculum that consists of nineteen PowerPoint modules, pre- and post-tests, and other resources. This curriculum should be used in conjunction with ADA’s Helping the Student with Diabetes Succeed: A Guide for School Personnel. Training participants are strongly encouraged to read the school guide prior to this training to gain a full understanding of the requirements of appropriate school diabetes care. The school guide should be available during the training.

These modules are intended to be used by a school nurse and/or pediatric diabetes health care professional to train non-clinical school staff members in the performance of diabetes care tasks and to demonstrate how diabetes care should be carried out in the school setting. This curriculum may also be used to train caregivers in the child care, camp, and other settings.

These training modules have two parts and are available for downloading at diabetes.org/schooltraining. A pre- and post-test is included at the end of each module. Detailed explanatory notes for the trainer that provide talking points for each slide accessed through the “Notes” pages. Additional Safe at School training resources and materials are available at diabetes.org/safeatschooltraining.

ADA's Safe at School® guide Helping the Student with Diabetes Succeed: A Guide for School Personnel recommends a 3-tiered diabetes management training for non-clinical school staff. Three levels of training are needed to keep students with diabetes safe at school. Each level of training might include groups of modules as suggested below. More information about training may be found in the school guide.

**Level 1. Diabetes Overview and Response to Emergencies for all school personnel**
- Diabetes Basics
- Type 2 Diabetes
- Hypoglycemia
- Hyperglycemia
- Psychosocial
- Legal Considerations

**Level 2. Diabetes Basics and Emergency Actions**
All Level 1 modules plus:
- Diabetes Medical Management Plan
- Blood Glucose Monitoring
- Continuous Glucose Monitoring
- Glucagon
- Ketones
- Nutrition and Physical Activity

**Level 3. General and Student-Specific Care**
All Level 1 and 2 modules plus:
- Insulin Basics
- Insulin by Syringe and Vial
- Insulin by Pen
- Insulin by Pump

**Other training modules as needed:**
- Before and After School Care
- After School Programs Sports/Camp
- Child Care

Scan QR code for more information.