

Protect Yourself with Vaccines if You Have Diabetes

Which vaccines are recommended?



VACCINE	AGE
COVID-19 (and boosters)	<ul style="list-style-type: none"> 6 months old and older
Hepatitis B	<ul style="list-style-type: none"> 60 years old or younger If you're over 60 years old—talk with your diabetes care team
Flu (Influenza)	<ul style="list-style-type: none"> Yearly for all individuals ≥ 6 months of age who do not have a barrier for use All people with diabetes are recommended to receive the inactive or recombinant influenza vaccines. Using the live attenuated (nasal spray) vaccine in people with diabetes is NOT recommended
Pneumonia <i>Older vaccine PPSV23</i>	<ul style="list-style-type: none"> 19–64 years old If you're over 65 years old—talk with your diabetes care team
<i>Newer vaccines: PCV15 or PCV 20</i>	<ul style="list-style-type: none"> 19–64 years old Adults 65 years old or older—talk with you're diabetes care team about options
RSV (Respiratory Syncytial Virus)	<ul style="list-style-type: none"> Adults 60 years old and older
Tdap (Tetanus, Diphtheria, Pertussis)	<ul style="list-style-type: none"> Adults 18 and older If you're pregnant (booster every 10 years)
Shingles (Zoster)	<ul style="list-style-type: none"> Adults 50 years old or older

