American Diabetes Association. | Safe at School®

Diabetes Medical Management Plan 202 - 202

STUDENT LAST NAME: FIRST NAME: DOB:

ADDENDA: INHALED INSULIN (AFREZZA) DOSING ONLY

SEE PAGE 3 FOR SUBCUTANEOUS INJECTION DOSING

Prescribed cartridges: ☐ 4 ☐ 8 ☐ 12 Units

Add Inhaled Insulin Food Dose (Table A) + Correction Dose (Table B) = Meal Dose

Inhaled insulin (Affrezza) Food Dose (Table A)

Meal or Start/ End Time (HR:MIN) ☐ N/A	Meal Estimation		
	SMALL ☐ N/A	USUAL ☐ N/A	LARGE ☐ N/A
☐ Breakfast ☐ AM Snack ☐ Lunch ☐ PM Snack ☐ Dinner	to grams of carbohydrate inhale units	to grams of carbohydrate inhale units	to grams of carbohydrate inhale units
☐ Breakfast ☐ AM Snack ☐ Lunch ☐ PM Snack ☐ Dinner ☐ N/A	to grams of carbohydrate inhale units	to grams of carbohydrate inhale units	to grams of carbohydrate inhale units
☐ Breakfast ☐ AM Snack ☐ Lunch ☐ PM Snack ☐ Dinner ☐ N/A	to grams of carbohydrate inhale units	to grams of carbohydrate inhale units	to grams of carbohydrate inhale units
☐ Breakfast ☐ AM Snack ☐ Lunch ☐ PM Snack ☐ Dinner ☐ N/A	to grams of carbohydrate inhale units	to grams of carbohydrate inhale units	to grams of carbohydrate inhale units

Inhaled Insulin (Afrezza) Correction Dose (Table B)

Meal or Start/ End Time (HR:MIN) ☐ N/A	May repeat correction every ☐ 90 minutes ☐ 60 minutes minutes
☐ Breakfast ☐ AM Snack ☐ Lunch ☐ PM Snack ☐ Dinner	to mg/dL = units to mg/dL = units to mg/dL = units
☐ Breakfast ☐ AM Snack ☐ Lunch ☐ PM Snack ☐ Dinner ☐ N/A	to mg/dL = units to mg/dL = units to mg/dL = units
☐ Breakfast ☐ AM Snack ☐ Lunch ☐ PM Snack ☐ Dinner ☐ N/A	to mg/dL = units to mg/dL = units to mg/dL = units
☐ Breakfast ☐ AM Snack ☐ Lunch ☐ PM Snack ☐ Dinner ☐ N/A	to mg/dL = units to mg/dL = units to mg/dL = units

Inhaled Insulin Administration Guidelines

Inhaled insulin can be used to manage hyperglycemia with ketones; see Section 10 of the main form.

Insulin Delivery Timing:

- ☐ **At the time** of the meal
- ☐ **After Meal** as soon as possible and within 20 minutes following the meal (suggested for unpredictable eaters and students that refuse food)

Parents/guardians are authorized to adjust insulin dose:

- ☐ Food dose +/- 4 units
- ☐ Carbohydrate Ranges for dosing
- ☐ Correction Units +/- 4 units

Healthcare Provider Signature: _____ **Date:**

Name of Healthcare Provider/Clinic: Contact #: Fax #:

Email Address (non-essential communication): Other:

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STUDENT LAST NAME: FIRST NAME: DOB:

ADDENDA: INHALED INSULIN (AFREZZA)ADMINISTRATION GUIDELINES

Inhalation Steps:

1. Gather room temperature cartridge(s) needed for the dose (available in 4 unit (blue), 8 unit (Green), and 12 unit (Yellow) cartridges), inhaler, and drinking water for dosing.
2. Provide water for sipping prior to inhallation.
3. Hold inhaler level, with the white mouth piece on the top and the purple base on the bottom
4. Lift the white mouth piece into a verticle position exposing the white catridge cavity in the base.
5. Place an insulin cartridge into the inhaler base by holding the white cup in the down position and lining up the pointy side of the cartridge with the pointy side of the cartridge cavity,
6. Lower the mouth piece to snap the cartridge in place. **Hold inhaler level and steady to avoid spilling insulin powder.**
7. Remove the mouth cover from the inhaler.
8. Exhale fully.
9. Place lips around mouth piece and tip inhaler down by 30 degrees.
10. Inhale smoothly and steadily for 3 seconds.
11. Breifly hold breath then exhale normally.
12. Provide water for sipping after inhallation.
13. Open inhaler and discard used cartridge into waste bin.
14. Repeat steps 5 - 12 if more cartridges are needed to complete the dose.
15. Replace mouth cover and store inhaler for next use. Keep inhaler clean and dry. Do not wash it or exhale into it while dosing.

Common Side Effects: Cough and sore throat. These symtoms typically improve with time and continued use. If cough occurs do not repeat dose.

Serious Side Effects: Call EMS for severe allergic reaction, bronchospasm, trouble breathing, fast heartbeat, swelling of the face, tongue, or throat, sweating, extreme drowsiness, dizziness, or confusion.

Storage Guidelines	Refrigerated	Room Temperature
In original sealed foil pouch	Expires after Expiration Date on Box	
Opened pouch in sealed blister cards	Expires after 30 days	Expires after 10 days
Open blister card in individual cartridges	Expires after 3 days	
INHALER - comes in each box	Discard and replace every 15 days (keep dry)	

https://afrezzahcp.com/patient-training-resources/#support-resources

Name of Healthcare Provider/Clinic: Contact #: Fax #:

Email Address (non-essential communication): Other: