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American Diabetes Association Calls for Research Targeting Diabetes Prevention

Applications now being accepted for grants to expand ADA research on nutrition, lifestyle, and Precision Medicine as ways to prevent diabetes

ARLINGTON, Va. (September 30, 2021) – The American Diabetes Association® (ADA) announced that applications for grants are being accepted for two new research initiatives, leveraging nutrition and lifestyle for diabetes prevention, and precision medicine to improve the management of diabetes. The ADA is broadening its reach into research for both nutrition and Precision Medicine in order to improve the adoption of lifestyle modifications at the individual and community level.

“Adopting a healthy lifestyle is essential for preventing and managing diabetes across the life span,” said Dr. Robert Gabbay, chief scientific and medical officer of the American Diabetes Association. “By expanding ADA’s research into more precisely targeting treatment as well as prevention recommendations, we will be improving the lives of people living with diabetes through advances in these areas.”

Precision medicine in diabetes proposes custom delivery of health care, with medical practices, testing, decisions, and treatments tailored to the individual patient level, to identify the right treatment, at the right time. The scope of this research initiative is intentionally broad to allow for the most innovative and transformative research to be advanced.

The objective for research into leveraging nutrition and lifestyle as a way to prevent diabetes is to identify person-centered, yet scalable, dietary and lifestyle interventions with the greatest potential for adoption and maintenance of diabetes-preventing or diabetes-mitigating lifestyles by individuals at greatest risk.

The application process will identify grants of the highest scientific merit, with the greatest potential for successful outcomes and the most innovative and transformative research ideas in order to find effective solutions to the prevention of diabetes through leveraging nutrition and lifestyle, as well as to learn more about the promise of Precision Medicine to improve the lives of those with diabetes. Importantly, submissions should indicate how the proposed research will have a significant impact on outcomes in those individuals at risk of or living with diabetes.

The breakdown of targeted grant types is:

- Innovative Clinical or Translational Science,
- Innovative Basic Science (Precision Medicine ONLY),



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- Junior Faculty Development, and
- Postdoctoral Fellowship Awards.

Application instructions, the link to our online application portal, and forms are available on the [grants page](#) of the American Diabetes Association website.

About the American Diabetes Association

The American Diabetes Association (ADA) is the nation's leading voluntary health organization fighting to bend the curve on the diabetes epidemic and help people living with diabetes thrive. For 81 years the ADA has driven discovery and research to treat, manage, and prevent diabetes while working relentlessly for a cure. Through advocacy, program development, and education we aim to improve the quality of life for the nearly 122 million Americans living with diabetes or prediabetes. Diabetes has brought us together. What we do next will make us Connected for Life. To learn more or to get involved, visit us at [diabetes.org](#) or call 1-800-DIABETES (1-800-342-2383). Join the fight with us on Facebook ([American Diabetes Association](#)), Spanish Facebook ([Asociación Americana de la Diabetes](#)), Twitter ([@AmDiabetesAssn](#)), and Instagram ([@AmDiabetesAssn](#)).

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